

# Upper Division Curriculum Information

Supplement to 2008-2009  
CCON Catalog



**COLUMBIA**  
COLLEGE OF NURSING

**Effective Fall 2009**

Students applying or who have been accepted to the new upper division curriculum should refer to this supplement to the 2008-2009 Columbia College of Nursing Catalog (CCON). The purpose of this supplement is to describe relevant information regarding the new upper division nursing curriculum that will be in effect fall 2009. In addition, other relevant college information is accessible in the 2008-2009 CCON Catalog.

Students applying to Columbia College of Nursing for fall 2009, may elect to apply to the current curriculum or the new upper division curriculum based upon meeting the appropriate admission criteria. Students applying or who have been accepted to the current curriculum should refer to the original 2008-2009 CCON Catalog.

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## **Vision Statement**

Columbia College of Nursing, Inc. will provide outcome-based healthcare education that is highly valued by diverse communities of students, educators, and employers for its principles of life-long learning, professionalism, academic excellence, and social responsibility.

## **Mission Statement**

To prepare, safe, competent, compassionate healthcare professionals distinguished by evidence-based practice, clinical reasoning, and commitment to social justice.

## Upper Division Nursing Curriculum Admission Policy

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Columbia College of Nursing admits qualified students regardless of race, color, creed, gender, age, sexual orientation, national or ethnic origin, or disability that does not interfere with the performance of professional nursing, as defined by law. Admission to Columbia College of Nursing is a two step process.

### **Step 1**

Students must apply and be accepted to Mount Mary College (MMC) as a pre-nursing student.

### **Step 2**

Students who seek to enter Columbia College of Nursing in the fall semester must submit applications by March 1 of the preceding spring semester. Students who seek to enter Columbia College of Nursing in the spring semester must submit applications by October 15 of the preceding fall semester. Applications submitted after the deadline date will be considered on a space-available basis. To be considered for admission to the nursing major, applicants must meet the following criteria:

- Admission to Mount Mary College
- Cumulative Grade Point Average (GPA) of 2.80 or greater on a 4.0 scale and completion of required core and support courses. Six (6) credits of selected core requirements may be deferred to the upper division.
- Completion of a state approved nursing assistant training course. Certification is recommended, but not required.

Satisfactory completion (grade of C or better) of or in the process of completing the following prerequisite and support courses or their equivalents:

BIO 103 Introductory Biology

BIO 210 Human Anatomy and Physiology

BIO 325 Microbiology

CHE 113 Chemical Principles I

CHE 206 Essentials of Organic and Biological Chemistry

PSY 103 Introductory Psychology

PSY 214 Developmental Psychology

SOC 101 Introductory Sociology

OR

ANT 102 Cultural Anthropology

- Satisfactory completion (grade of C or better) of or in the process of completing the following prerequisite and support courses or their equivalents:

BIO 103	Introductory Biology
BIO 210	Human Anatomy and Physiology
BIO 325	Microbiology
CHE 113	Chemical Principles I
CHE 206	Essentials of Organic and Biological Chemistry
PSY 103	Introductory Psychology
PSY 214	Developmental Psychology
SOC 101	Introductory Sociology
	OR
ANT 102	Cultural Anthropology
NUR 211	Nutrition and Health

Grade Limitations Regarding Support Courses:

A Mount Mary College student or transfer applicant who has been unsuccessful (where unsuccessful is defined as a grade less than C in a graded course, or Fail/Unsatisfactory in a pass-fail course) in two (2) or more support courses at Mount Mary College or another institution(s) is ineligible for admission. A Mount Mary College student or transfer applicant who has been unsuccessful in the same support course twice at Mount Mary College or another institution(s) is ineligible for admission.

- A Mount Mary College student or transfer applicant who has been unsuccessful in two (2) or more nursing courses at Columbia College of Nursing or another institution(s) is ineligible for admission. A Mount Mary College student or transfer applicant who has been unsuccessful in the same nursing course twice at Columbia College of Nursing or another institution(s) is ineligible for admission.
- Ability to meet the Technical Standards for Admission to and Progression in the Nursing Program
- Submission of Application to the Nursing Major Form (found online at [www.ccon.edu](http://www.ccon.edu)) on or before deadline of March 1 or October 15
- Applicants must submit a course syllabus for each nursing course(s) taken at other institutions.

## Admission Decisions

### ***Admission is not guaranteed.***

In conjunction with other criteria, preference for admission to the nursing major will be given to students who complete a majority of the prerequisite courses listed above at Mount Mary College. Students who have completed the majority of prerequisite coursework at another institution(s) and meet eligibility criteria will be admitted to the nursing major on the basis of available space in the Nursing Program.

Admission decisions will be announced by June 1 for entry into Columbia College of Nursing to begin in the fall semester and by November 15 for entry to the spring semester. Since these decisions are made prior to completion of the required courses, those eligible applicants who have prerequisite coursework pending will receive conditional acceptance. Applicants must submit transcript evidence of successful completion of all prerequisite coursework two weeks prior to the beginning of the semester. Students who fail to provide such evidence will be ineligible to enter the nursing major and will be required to reapply. Final acceptance to the nursing major for fall semester is dependent upon attainment of a cumulative GPA of 2.80 or greater and fulfillment of prerequisites listed above.



## Program of Learning

### Philosophy

The nursing faculty believe that Knowing, Being, and Doing drive professional nursing practice. Knowing is a process of acquiring information, skills and abilities, attitudes, and dispositions that characterize the professional nurse. Being is the profoundly personal, often intense process of developing one's identity as self and nurse as inextricably bound in multiple contexts – culture, learning, and experience, for example. Doing is the synthesis of knowing and being into practice.

The faculty holds the common values of altruism, autonomy, dignity, integrity, and social justice as fundamental to professional nursing practice that acknowledges the primacy of patients in their health care. Learning experiences, both classroom and care delivery, are value-laden and constructed to reflect the specific aspects of professional nursing valued by the faculty, including ecocompetence, inquiry, leadership, communication to facilitate therapeutic use of self, continued professional development, holism, diversity, compassion, and prior learning. To prepare the graduate to practice evidence-based safe care, the program of learning addresses health promotion, risk reduction, and disease prevention; illness and disease management; *end of life and palliative care*; ethics; human diversity; global health care; healthcare systems and policies; and information and healthcare technology. Both general education and nursing courses are structured to support development and evidence of professional nurse competency in the areas of critical thinking, communication, assessment, and technical skills.

The nursing faculty support use of the term *patient* to describe the recipient of nursing care or services. Further, they believe that patients are holistic systems, affected both internally and externally by the world. “Nursing is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations” (ANA, 2003). Faculty acknowledge nursing as both an art and science that facilitates the health and well-being of patients. Nursing is based in theory and operationalized in evidence-based practice. Guided by the Code of Ethics for Nurses and professional standards, nurses function as providers of care; designers, managers, and coordinators of care; and members of the profession.

Faculty and nursing students share cooperative, active roles in the educational process. Faculty members have an obligation and commitment to themselves, the profession, and society to educate and graduate competent professional nurses. Nursing students have an obligation and commitment to themselves, the profession, and society to grow in knowledge (Knowing), self-development (Being), and professional practice (Doing) throughout their careers. There are multiple ways of knowing, being, and doing. Students' learning and their preparedness to meet program goals are best met through dynamic educational processes.

### **Program Outcomes**

#### **The Columbia College of Nursing - Mount Mary College Nursing Program prepares the graduate to:**

1. Synthesize knowledge of the human experience and responses to health, disease, and illness in the practice of professional nursing.
2. Cultivate the attitudes and skills necessary to think critically, use clinical reasoning, manage information, and assume accountability for independent decisions.
3. Provide competent, age-appropriate, culturally sensitive care to protect, promote and optimize health and alleviate suffering through the diagnosis and treatment of human responses in the care of individuals, families, communities, and populations.
4. Collaborate effectively in the conduct of nursing practice.
5. Use management and leadership skills across the continuum of care to create a culture of safe, accessible, cost-effective, quality health care.
6. Engage in ethical reasoning and actions to promote advocacy, collaboration, and social justice as a responsible citizen. (EBE)
7. Develop an identity of self and nurse as inextricably bound and evolving within a complex, diverse world.
8. Participate in activities that contribute to lifelong personal and professional development.

## **Curriculum**

The principal objective of the Upper Division Curriculum is to provide students with an understanding and appreciation of professional nursing. To accomplish this, nursing courses build on the knowledge gained from the humanities, fine arts, and social and natural sciences. Typically, students complete all nursing and non-nursing requirements for the Bachelor of Science in Nursing degree within a four year time period. Students complete the liberal arts core, support courses, and electives through Mount Mary College in the first two years (lower division). Upper division nursing courses and clinical experiences are completed through Columbia College of Nursing in the last two years. As a result, Columbia College of Nursing - Mount Mary College nursing students spend their freshman and sophomore years on the Mount Mary College campus and their junior and senior years on the Columbia College of Nursing campus. Effort is made for students to attend activities on both campuses throughout the four years. During the junior and senior years, Mount Mary College may bring liberal arts courses to the Columbia College of Nursing campus.

### **Nursing Major (62 credits) Bachelor of Science in Nursing**

#### **Courses in the Major**

NUR 211	Nutrition and Health (prerequisite course for admission)
NUR 320	Foundations of Nursing Practice
NUR 322	Altered Health Processes
NUR 331	The Novice Nurse Apprentice in Practice
NUR 332	Dimensions of the Professional Nurse Role
NUR 335	Being a Nurse I
NUR 350	Nursing Care of the Adult I
NUR 351	The Intermediate Nurse Apprentice in Practice 1
NUR 352	Contemporary Issues in Gerontology
NUR 353	Psychiatric/Mental Health Nursing
NUR 354	Pharmacology and Nursing Implications
NUR 355	Being a Nurse II
NUR 430	Nursing Care of the Adult II
NUR 431	The Intermediate Nurse Apprentice in Practice 2
NUR 432	Nursing Care of Children and Families
NUR 433	Nursing Care of Childbearing Families
NUR 434	Nursing Care of the Family Practicum

NUR 435 Being a Nurse III  
NUR 450 Nursing Leadership and Social Justice  
NUR 451 Community/Public Health Nursing: Local and Global Perspectives  
NUR 452 Community/Public Health Nursing Practicum  
NUR 453 Advanced Nurse Apprentice in Practice (capstone)  
NUR 454 Preparation for the RN Licensure  
NUR 455 Being a Nurse IV

**Required Support Courses**

BIO 103 Introductory Biology  
BIO 210 Human Anatomy and Physiology  
BIO 325 Microbiology  
CHE 113 Chemical Principles I  
CHE 206 Essentials of Organic and Biological Chemistry  
PSY 103 Introductory Psychology  
PSY 214 Developmental Psychology  
SOC 101 Introductory Sociology  
OR  
ANT 102 Cultural Anthropology

**COLUMBIA COLLEGE OF NURSING-MOUNT MARY COLLEGE NURSING PROGRAM**  
(Curriculum effective fall 2009)

This **SAMPLE PLAN** is only one optional outline. There is a variety of ways to plan your academic courses.  
Please view the undergraduate bulletin and work with your academic advisor to select courses.

**LOWER DIVISION COURSES**

Semester I (Pre-Nursing)			Semester II (Pre-Nursing)		
Course		Credits	Course		Credits
SYM 102	Composition II	3	CHE 113	Chemical Principles I	4
SYM 110	Leadership for Social Justice	3	CHE 112	(optional) Introduction to Chemistry	1
BIO 103	Introductory Biology	4	PSY 214	Developmental Psychology	4
PSY 103	Introductory Psychology	4	SYN 101	Search for Meaning	4
CORE	Core Course	2	CORE	Core Course	3
<b>Total</b>		<b>16</b>	<b>Total</b>		<b>16</b>
Semester III (Pre-Nursing)			Semester IV (Pre-Nursing)		
Course		Credits	Course		Credits
BIO 210	Human Anatomy and Physiology	4	BIO 325	Microbiology	4
CHE 206	Essentials of Organic and Biological Chemistry	4	NUR 211	Nutrition and Health	2
CORE	Core Course	4	CORE	Core Course	4
SOC 101	Introductory Sociology	4	CORE	Core Course	4
OR	OR	4	CORE	Core Course	3
ANT 102	Cultural Anthropology				
<b>Total</b>		<b>16</b>	<b>Total</b>		<b>17</b>

A maximum of six credits of liberal arts core may be taken in the upper division:  
History, Theology, Philosophy, Literature, Symbolics, or Fine Art (Art, Music, Dance, or Theater).

Please refer to the Columbia College of Nursing Academic Catalog located online at [www.ccon.edu](http://www.ccon.edu) for a full version of the admission policy and other relevant information.

**UPPER DIVISION COURSES**

(pending acceptance to Columbia College of Nursing)

Junior I (Nursing)			Junior II (Nursing)		
Course		Credits	Course		Credits
NUR 320	Foundations of Nursing Practice	5 K	NUR 350	Nursing Care of the Adult I	3 K
NUR 322	Altered Health Processes	4 K	NUR 351	The Intermediate Nurse Apprentice in Practice I	3 D
NUR 331	The Novice Nurse Apprentice in Practice	3 D	NUR 352	Contemporary Issues in Gerontology	3 K,D
NUR 332	Dimensions of the Professional Nurse Role	3 K,B	NUR 353	Psychiatric/Mental Health Nursing	3 K,D
NUR 335	Being a Nurse I	1 B	NUR 354	Pharmacology and Nursing Implications	3 K
			NUR 355	Being a Nurse II	5 B
<b>Total</b>		<b>16</b>	<b>Total</b>		<b>15.5</b>
Senior I (Nursing)			Senior II (Nursing)		
Course		Credits	Course		Credits
NUR 430	Nursing Care of the Adult II	3 K	NUR 450	Nursing Leadership and Social Justice	3 K
NUR 431	The Intermediate Nurse Apprentice in Practice 2	3 D	NUR 451	Community/Public Health Nursing: Local and Global Perspectives	3 K
NUR 432	Nursing Care of Children and Families	3 K	NUR 452	Community/Public Health Nursing Practicum	3 D
NUR 433	Nursing Care of Childbearing Families	3 K	NUR 453	Advanced Nurse Apprentice in Practice (capstone)	3 B,D
NUR 434	Nursing Care of the Family Practicum	2 D	NUR 454	Preparation for the RN Licensure	1 K
NUR 435	Being a Nurse III	5 B	NUR 455	Being a Nurse IV	1 B
CORE	Core Course	3			
<b>Total</b>		<b>17.5</b>	<b>Total</b>		<b>14</b>

K = Knowing; D = Doing; B = Being

## Course Descriptions

Columbia College of Nursing students are given priority enrollment in all nursing courses.

**NUR 211 Nutrition and Health 2 credits**  
*(This course is a prerequisite for admission to the nursing major.)*

This course presents an overview of the principles of normal and therapeutic nutrition for the health of individuals throughout the lifecycle.

*Prerequisite:* BIO 103, BIO 210, CHE 113, CHE 206

**NUR 320 Foundations of Nursing Practice 5 credits**

In this course, theory and laboratory experiences introduce the student to foundations of professional nursing practice, including patient assessment (primary focus on adult/older adult), clinical reasoning, communication, and selected technical skills to provide holistic, patient-centered and culturally-sensitive care.

*Prerequisite:* Admission to the nursing major  
*Prerequisite or concurrent enrollment:* NUR 322

**NUR 322 Altered Health Processes 4 credits**

In this theory course, the student is introduced to the pathophysiology of selected health alterations as a foundation for safe, competent, and professional nursing practice. The focus of this course is on changes in cells, tissues, and body systems that manifest as health problems throughout the lifespan.

*Prerequisite:* Admission to the nursing major

**NUR 331    The Novice Nurse Apprentice in Practice    3 credits**

In this practicum course the novice nurse apprentice begins to develop and practice the role of the professional nurse. Simulated and actual patient care experiences provide opportunities for the student to demonstrate beginning level competency in clinical reasoning, communication, assessment and technical skills.

*Prerequisite:* Admission to the nursing major  
*Prerequisite or concurrent enrollment:* NUR 320, NUR 322, NUR 332.

**NUR 332    Dimensions of the Professional Nurse Role    3 credits**

In this theory course the students is introduced to three important dimensions of the professional nursing practice and their relationship to the roles of provider of care, designer/ manager of care, and member of a profession: nursing research and evidence as a basis for practice, nursing ethics, and nursing informatics. This course presents the conceptual and technological tools necessary for the student to become an informed consumer of nursing research, ethical practitioner, and manager of health information.

*Prerequisite:* Admission to the nursing major  
*Prerequisite or concurrent enrollment:* NUR 335

**NUR 335    Being a Nurse I    1 credit**

This discussion course is focused on the emerging development of the self as nurse and instrument of care in the patient-nurse relationship. Students engage in discussion and writing about themselves, their values, and attributes of the nurse that they wish to embrace.

*Prerequisite:* Admission to the nursing major  
*Prerequisite or concurrent enrollment:* NUR 320, NUR 331

NUR 350	Nursing Care of the Adult I	3 credits
NUR 351	The Intermediate Nurse Apprentice in Practice 1	3 credits
NUR 352	Contemporary Issues in Gerontology	3 credits
NUR 353	Psychiatric/Mental Health Nursing	3 credits
NUR 354	Pharmacology and Nursing Implications	3 credits
NUR 355	Being a Nurse II	.5 credits
NUR 430	Nursing Care of the Adult II	3 credits
NUR 431	The Intermediate Nurse Apprentice in Practice 2	3 credits
NUR 432	Nursing Care of Children and Families	3 credits
NUR 433	Nursing Care of Childbearing Families	3 credits
NUR 434	Nursing Care of the Family Practicum	2 credits
NUR 435	Being a Nurse III	.5 credits
NUR 450	Nursing Leadership and Social Justice	3 credits
NUR 451	Community/Public Health Nursing: Local and Global Perspectives	3 credits
NUR 452	Community/Public Health Nursing Practicum	3 credits
NUR 453	Advanced Nurse Apprentice in Practice (capstone)	3 credits
NUR 454	Preparation for the RN Licensure	1 credit
NUR 455	Being a Nurse IV	1 credit